Bending Decking for Decorative Inlays

The ability to heat-form synthetic boards on site paves the way to designs that can set a deck apart.

FROM CONCEPT TO CURVE

The design for this inlay is based on a simple L-shape. Inspired by a Celtic-knot design, the pattern weaves down each leg of the L. Although complex looking, this pattern is fairly simple and uses boards bent to only two radii: 6 ft. 1/8 in. for the center circle and 6 ft. 5 in. for the weave. The curves are made of Azek PVC decking, with white for the circle, and gray and clay for the weave. A matching weave in the pergola above tops off the design.

Start by overlaying the design on a deck plan with standard 12-in.-on-center joist framing.

Finally, establish reference measurements and positions of the centerpoints from which to draw the main circle and each of the arcs that create the weave.

Then experiment with different board directions to get a layout that works with the design.
Decorative Inlays
paves the way to designs that can set a deck apart

BY KIM KATWIJK

It wasn’t long after I started building decks full-time in 1996 that I got the opportunity to create a curve. I had designed a beautiful curved deck in cambara for a client who wanted the railing cap to follow the shape of the deck. The logical solution for most deck builders would have been to laminate thin strips of cambara into a curved rail on a bending form, but I wanted to try something completely different: Heat-form composite deck- ing to the desired curve.

Composites are made from a mixture of wood fiber and plastic. Because these plastics are not thermally stable, it’s possible to heat and bend the decking.

A literal learning curve
My first attempts at board-bending were with Trex. My

1 LAY OUT THE ARCS AND INSTALL BLOCKING

FRAME AND MARK THE DECK
After the deck is framed, the center of the circle is marked. Here, the centerpoint falls between joists, so we install a wooden cleat in the space. At the centerpoint, we insert a nail that stands ¼ in. proud so that a tape measure can be hooked over it. With a pencil held at the 6-ft. 9-in. mark, a circle is scribed on top of the joists to mark where the outside blocking will go. This blocking supports the cut ends of the field boards and runs 3 in. away from both sides of the inlay. This is repeated at 5 ft. 9 in. to mark the inside blocking (the decking is 5⅛ in. wide). Also from the center nail, three stringlines indicate the center of the weaves that will extend to the corner and down each leg of the L.

MARK THE ARCS
A 20-ft.-long 2x4 is secured 5 ft. 7 in. away from each side of each weave’s centerline. Nails driven into these strips mark the centerpoints for each arc of the weave pattern. Using the measuring tape hooked over each nail, the layout lines for blocking are drawn on the tops of the joists at 7 ft. 2 in. and 6 ft. 2 in.

BLOCK IN BULK
When blocking for an inlay, it’s imperative that every deck board be supported within 3 in. of its cut end. Blocking a circle creates even more difficulties because some of the boards of the circle run parallel with the framing. This requires creative blocking to make sure there is support for all the ends of each of the deck boards and for the inlay boards that fall between the standard framing.

An efficient way to work
In a curved design, each piece of blocking is cut with two angles. The most efficient way to do this is for one person to take a piece of 2x6 pressure-treated board, place it vertically over the layout lines where it will be installed, scribe it, number it, and toss it to a sawyer for cutting. Using a Speed Square, the sawyer determines the angle of the cut, sets the chop-saw, cuts both ends at the prescribed angle, brushes the cuts with preservative, and tosses the board back to be nailed into place. It took almost a week to install the blocking for this deck project.
apparatus involved a 20-ft. by 20-in.-dia. Sonotube laid on the flat with #3 rebar shoved through the sides to suspend the decking. Two kerosene space heaters forced heated air into each end of the tube. This method produced uneven heating and more failures than successes.

Next, I tried a water-bath heater. I used a 20-ft. by 12-in. schedule-40 PVC pipe cut in half. I glued four inlets into the half-pipe, then inserted a water-tank heater into each inlet. I was able to heat the water to boiling. After an hour of boiling, I was able to bend a 20-ft. composite board in a very large radius—about 15 ft. To get the 5-ft. radius I needed, I had to rip the 2x6 composite boards into three strips, heat them, bend them to a 5-ft. radius, and then glue and screw them back together.

On another project, I tried to get higher temperatures by insulating the pipe and capping it with rigid insulation. This succeeded so well the tank melted. I gave up on bending deck boards until I discovered the Heatcon bending system at a trade show. It consists of four 8-in. by 10-ft. blankets, two control units, and two temperature probes. Working with this system, I was able to bend a flat piece of 5½-in. Azek cellular-PVC decking to a radius of 22½ in., opening the door to new levels of artistic expression.

Warranty issues
It’s worth noting that manufacturers of PVC decking have not endorsed these methods to date, although Azek worked with Heatcon to develop a heating blanket for bending trim (sidebar p. 65), and offers a tutorial for trim-bending on its website. According to Danny Thomas, vice president for product application/quality at Azek, some independent tests on heat-bent cellular-PVC deck boards suggest...
SHAPE THE BOARD TO THE BENDING JIG

CENTER THE SOFT BOARD ON THE JIG
Pull lightly on each end to stretch the board slightly as it forms to the jig. When bending cellular PVC, radii down to 6 ft. can be done with two people. Radii tighter than 6 ft. need an extra person to keep the center from rolling out of the pattern jig. It helps to have three when bending composite or capstock. The bending process is like a dance: It’s done best when everyone knows the steps.

CHECK THE CURVE AND CLAMP AS NEEDED
Using scrap pieces of wood, the bent plank is secured with clamps at each end and, if needed, at other points around the curve. Stiffer planks need a greater number of clamps to hold them in place. The plank is smoothed out to make sure it’s flat and level with the plywood foundation. If not, the board will form waves that will be noticeable when laid on the deck. It takes about 20 minutes for the board to cool and become rigid. The process is repeated with each board used in the curved design.
there may be a decline in some structural properties in various deck boards. Because each application and each manufacturer is unique, he recommends checking with the manufacturer to determine if heat-bending will void the warranty.

I give my clients a five-year warranty on my work, but in 16 years of bending deck boards, I’ve never had a problem with this method when used with a deck board from a major manufacturer. The only physical difference that I’ve noticed is an expansion in the thickness of the deck board of about \( \frac{1}{16} \) in. after heating. This is undetectable when walking on the deck.

**Boards that bend best**

I’ve used both easy-to-bend cellular-PVC boards and the more dense composites in many different applications. (See a slide show of my work by clicking on Magazine Extras at FineHomebuilding.com.) A popular application is to ribbon the outside of a curved deck, often in a complementary or contrasting color. Inlaid deck art, like the project detailed here, is one of the most impressive ways to use curved decking. I’ve done many inlays, including compass roses, Celtic knots, and multiple deck boards woven to form artistic designs. With curved decks, the need for curved benches goes without saying, and the ability to bend deck boards takes stairs to a whole new level of expression. Even pergolas can take on new twists when you incorporate curved boards to create beautiful overhead artwork.

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5 **PREP THE DECKING FOR THE INLAY**

**SECURE FIELD BOARDS ALONG INLAY EDGES**

With the field decking installed, the centerpoint of the main circle is marked with a small screw on the deck surface, and the centerline for the weaves is snapped with chalk. The inlay pieces are cut and positioned on the deck. (The \( \frac{1}{8} \)-in. gaps between planks allow me to see the blocking.) I let the inlay ends run wild; I’ll cut them later.

**TRACE AND CUT**

Using a carpenter’s pencil held perpendicular to the board, I draw a cutline on each side of each inlay piece. The width of the carpenter’s pencil allows for the proper 3⁄8-in. gap between the main decking and the inlay pieces. I use a circular saw with a standard blade set at 1 1⁄16 in. to cut the decking along the line. The cut pieces are removed, and the inlay pieces are placed and screwed to the joists.

**FILLING A TIGHT SPOT**

With inlays, you invariably encounter the challenge of fitting in and securing small pieces of decking to make the design work. Depending on the shape, you can attach them with stainless-steel screws through the side, or if blocking is needed, you can use fiberglass industrial grating as a support and glue in the piece.

**LEAVE NO LOOSE ENDS**

With the inlay boards where I want them, I secure the main deck boards along the length of the inlay to the blocking installed earlier. In keeping with the elegance of this deck design, I used the FastenMaster Cortex Concealed Fastening System. The screws self-cut a hole and set themselves at the right depth so that a plug can be placed in the hole and hammered down to become nearly invisible.
Which boards bend best?

I’ve used both cellular-PVC decking and composites in my curved designs. PVC bends most readily, but some composites can be heat-formed to a radius as tight as 10 ft. Coextruded composites (sometimes called capstock), in which composite material is encased in a low-maintenance plastic shell, are difficult to heat evenly. Urethane decking, such as Lifetime Lumbar, cannot be heat-formed. Composite railings also can be bent, but it’s best to gain experience before attempting these projects.

Because the material formulas of each deck brand vary, all react differently to heat. I’ve compiled my observations and that of other deck benders I know in the chart at right. Generally, the more plastic in a board, the easier it will bend after being heated. Color also plays a big role: The darker the color, the faster it heats up. A dark-gray PVC board may heat up in 20 minutes, while a white board of the same material will take more than 45 minutes.

<table>
<thead>
<tr>
<th>Decking type</th>
<th>Brand</th>
<th>Heat-forming ability</th>
<th>Tightest radius</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>PVC</td>
<td>Trex Escapes</td>
<td>Good</td>
<td>4 ft. 6 in.</td>
<td>Because it’s 100% plastic, cellular-PVC decking bends most readily and can make the tightest curves.</td>
</tr>
<tr>
<td></td>
<td>TimberTech XLM</td>
<td>Good</td>
<td>3 ft. 6 in.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Azek Harvest Collection</td>
<td>Excellent</td>
<td>3 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Azek Arbor and Terra collections</td>
<td>Good</td>
<td>4 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fiberon Outdoor Flooring</td>
<td>Excellent</td>
<td>4 ft.</td>
<td></td>
</tr>
<tr>
<td>COMPOSITE</td>
<td>Trex Accents</td>
<td>Good</td>
<td>10 ft. 6 in.</td>
<td>All composites will have some spring-back when taken off the mold, so bend them tighter than the radius desired. These boards are slow to heat up.</td>
</tr>
<tr>
<td></td>
<td>TimberTech ReliaBoard</td>
<td>Fair</td>
<td>12 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>TimberTech TwinFinish</td>
<td>Fair</td>
<td>12 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>TimberTech DockSider</td>
<td>Fair</td>
<td>13 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fiberon Professional</td>
<td>Fair</td>
<td>10 ft.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>EverGrain (Tamko) Decking</td>
<td>Fair</td>
<td>12 ft.</td>
<td></td>
</tr>
<tr>
<td>CAPSTOCK</td>
<td>Trex Transcend</td>
<td>Very poor</td>
<td>15 ft.</td>
<td>High blanket temperatures can melt the coating of these boards before the core is sufficiently heated. Low and slow heat is key here.</td>
</tr>
<tr>
<td></td>
<td>TimberTech Earthwood Evolutions</td>
<td>Poor</td>
<td>11 ft. 6 in.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fiberon Horizon</td>
<td>Poor</td>
<td>12 ft.</td>
<td></td>
</tr>
</tbody>
</table>

The Heatcon system

Heatcon has been manufacturing flexible heating blankets and controls for industrial-heating applications within the aerospace composite-repair industry for the past 30 years. Customers include airlines and the military.

In 2004, Azek Building Products hired the company to design a system to heat-form PVC trim. Introduced in 2005, this simple-to-use kit has become a popular tool for many builders and contractors.

Almost immediately, questions started pouring in about using the kits to heat-form synthetic decking. Heatcon responded by developing a heat-forming kit for decking based on the same heating-blanket concept as the trim-bending kit. Subsequent tests revealed the need for an internal temperature probe to monitor and regulate a slower heating process for the thicker PVC and composite deck boards.

The HC99-300 deck heat-forming kit that I use retails for $3250 and can be purchased only from Heatcon. That’s a steep price, but it quickly pays for itself by bringing your deck-building business to a whole new price point. With it, you can heat and bend an 8-in.-wide by 20-ft.-long deck board. The kit comes with four 8-in. by 10-ft. heating blankets, two 120v heat controllers, two thermocouples for monitoring internal board temperatures, two pairs of heat gloves, an operator’s manual, and two carrying cases. The kit is portable, light (30 lb.), and easy to transport. You also can purchase a half kit for $1750, which allows you to bend an 8-in. by 10-ft. board.

You need at least a 20-ft.-long work area and plenty of room on the side for maneuvering the deck boards in and out of the heating-blanket area. You also need access to two separate 120v, 20-amp outlets to operate the two controllers when bending any deck board more than 10 ft. long.

Even with the kit, it’s important to remember that bending synthetic deck or trim materials is an art learned over time. The more you use the system and learn the tricks, the better you become at it. More information about the heat-forming kits can be found at Heatcon’s website (www.heatcon.com).